

# Community Counseling Center

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## What a year!



Dear Reader,

As we say goodbye to 2023 and hello to 2024, I'd like to share with everyone some of the changes we have seen at CCC over the past few months! It has been another year of transitions and change, with retirements and new hires, as well as a new look in our main office!



### **Welcome Our Newest Counselor!**

Alyssa Burkholder is a resident in counseling who graduated from EMU's Master of Arts in Clinical Mental Health Counseling program. Alyssa enjoys working with all ages but has additional experience working with adults in various case management and crisis stabilization roles. Alyssa takes a person-centered approach that is infused with interpersonal process, emotion-focused, and mindful self-compassion techniques. She believes in the importance of individuals feeling heard and understood, and tries her best to offer that in the

counseling space. Outside of her work at CCC, Alyssa enjoys spending time with loved ones, reading a good thriller, getting out in nature, traveling, and cuddling up with her cat Macchi.



### **New office manger Kathryn Moyer**

Please welcome Kathryn Moyer, the new office manager for CCC. This year we said goodbye to Brenda Sullivan, who had served as our faithful office manager for seven years. Kathryn has previous experience working as a retail manager at Agora Market and is studying to become a counselor.

#### [Donate To CCC Today!](#)

If you want to support our mission of providing mental health care for anyone in our Community to needs it, regardless of their income, please consider making a tax-deductible donation to us. Your gift will go far in helping us ensure that no one goes without needed counseling.

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### 2023 By The Numbers

During the year, counselors at CCC saw roughly 400 individual clients over nearly 4,000 sessions.





For gifts over \$500, donors can receive 65% of the money donated back as local tax credits. These are available until all are used up, so donate today! Contact our office to learn more.

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